

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri 10 am - 3 pm

Phone: (920) 657-5021 Fax: (920) 722-2282

1555 Lyon Dr.

Neenah, WI 54956

DIRECTOR

Ann Rahn

MahlerPark@ardenpropertygroup.com

ASSISTANT MANAGER

Mayra Tamayo

MahlerPark@ardenpropertygroup.com

LEASING

Mon - Fri 9:30 am - 4:30 pm

Phone: (920) 657-5021

LEASING SPECIALIST

Debbie Griffith

MAINTENANCE

Mon - Fri 8 am - 5 pm

Phone: (920) 657-5021

Evenings & Weekends

EMERGENCIES ONLY (800) 263-6148

MAINTENANCE TEAM

Ryan Grohman & Ted Hammen

HOUSEKEEPING TEAM

Vickie Hoffmann

UPCOMING SPOTLIGHT EVENTS



Celebration Dessert

TUESDAY, SEPTEMBER 8TH, AT 2 PM

COMMUNITY ROOM

Let's welcome new residents and celebrate September Birthdays with luxurious Tuxedo Layer Cake! **\$3 per person unless new or B-Day. RSVP by September 4th.**



Speaker

FRIDAY, SEPTEMBER 11TH, AT 10 AM

COMMUNITY ROOM

Lalu Bere, Senior Band Manager at Plexus Corp. will share her experience on building community alongside a demanding career. **Free event. No RSVP required.**



Root Beer Float Social

WEDNESDAY, SEPTEMBER 16TH, AT 2 PM

COMMUNITY ROOM

Join us for a sweet treat before the summer ends and enjoy a root beer float while you relax and connect with friends. **Free event. RSVP by September 11th.**



Lunch With Friends

WEDNESDAY, SEPTEMBER 23RD, AT 1 PM

COMMUNITY ROOM

Enjoy meatloaf, mashed potatoes & gravy, green beans & dessert from Choices Catering. Choice of wine, beer or soda. **\$16 per person. RSVP by September 14th.**



Caramel Apple Bar

WEDNESDAY, SEPTEMBER 30TH, AT 2 PM

COMMUNITY ROOM

Enjoy the flavors of the fall season with your fellow residents! Pick your apple, get it sliced and pile on the caramel and toppings! **Free event. RSVP by September 25th.**



HIGHLANDS
AT MAHLER PARK LLC
Apartments 55+



RESIDENT REMINDERS

Yom Kippur Blessings

To all in our community observing Yom Kippur, we wish you a blessed and meaningful holiday.

Heroes and Healing on the 25th Anniversary of 9/11

Sept. 11, 2026, is the 25th anniversary of 9/11. In honor of the thousands of lives lost and changed forever, we pause to remember the many stories of hope, fortitude and survival commemorated by the 9/11 Memorial and Museum, which can be found at 911memorial.org.

Stories of Alzheimer's Disease

In observance of World Alzheimer's Day on Sept. 21, consider reviewing these books and movies to gain perspective and insight into the lives of those impacted by the disease.

"Still Alice." Author Lisa Genova's 2007 bestseller was made into a critically acclaimed movie in 2014. Julianne Moore won the best actress Oscar for her role as Alice Howland, a professor with early onset Alzheimer's disease.

"We Are Not Ourselves." The New Yorker magazine called this novel by Matthew Thomas "the greatest Alzheimer's novel yet." Published in 2014, "We Are Not Ourselves" paints an intimate portrait of the Leary family's struggles as their beloved patriarch develops Alzheimer's.

Check Your Cholesterol

September is National Cholesterol Education Month. Adults over the age of 20 should have their levels tested every four to six years. Assess your knowledge on this subject:

1. What year was the first statin, a cholesterol-lowering medicine, approved in the U.S.?
2. True or False: Eating healthy, fiber-rich foods can lower cholesterol.
3. High cholesterol is connected to what leading cause of death?

(Answers: 1. 1987; 2. True; 3. Heart disease)

ONSITE & LOCAL SERVICES

Salon

3rd Floor Near #322

Tues - Fri, Hours Vary (920) 450-2343

Walk-ins available when open. Cash or Check ONLY.

STYLIST - Darcy Schmidt

Blood Pressure Checks

LOCATION: FIRESIDE ROOM

1st Friday of each month 8:30 am - 9 am

Provided free of charge by the Valley VNA.

Foot Care Clinic

LOCATION: SALON, 3RD FLOOR NEAR #322

Call the Valley VNA to schedule: (920) 727-5555

FREE WIFI

LOCATIONS: FIRESIDE ROOM, COMMUNITY ROOM, LIBRARY, POOL TABLE ROOM, FITNESS CENTER & GUEST SUITE. Search for 'Mahler Park,' no password needed.

Free TV & WIFI

CUSTOMER SERVICE (844) 725-4323

WE OFFER FREE BASIC CABLE AND WIFI IN ALL APARTMENTS. For all service-related issues, please call Spectrum at the number above and ask for the BULK CALL CENTER.

We Energies

CUSTOMER SERVICE (800) 242-9137

Valley Transit

CUSTOMER SERVICE (920) 832-5800

City of Neenah

ADMINISTRATION OFFICE (920) 886-6100



WHAT'S COOKING

Caramel Crumble Bars

Ingredients:

- 1 box yellow cake mix
- 1/2 cup plus 2 tablespoons butter, softened
- 3/4 cup apple butter, plus 3 tablespoons
- 1 egg
- 1 package (11 ounces) soft caramels, unwrapped
- 2/3 cup walnuts, chopped
- 2/3 cup sweetened coconut flakes
- 2 tablespoons butter, melted

Directions:

Heat oven to 350° F. Grease 13-by-9-inch baking pan. With electric mixer on low, beat cake mix and 1/2 cup softened butter until mixture is crumbly. Spoon 1 cup of the mixture into medium bowl; set aside. Add 3/4 cup apple butter and egg to remaining mixture. Beat on medium until smooth and creamy. Spread evenly into pan. Bake 20 minutes. Place caramels, 2 tablespoons softened butter and remaining 3 tablespoons apple butter in microwave-safe bowl. Microwave in 30-second intervals, stirring every time, until smooth and melted. Pour evenly over baked crust.

Combine walnuts, coconut and 2 tablespoons melted butter with reserved cake mix. Mix until crumbly. Sprinkle over caramel in pan. Bake 16 to 18 minutes, until topping starts to brown. Let cool; cut into bars.

Find more recipes at Musselmans.com.



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high. Give one a try!

SEPTEMBER IN WI: A SEASON OF CHANGE AND CELEBRATION

September brings many of Wisconsin's favorite traditions as summer transitions into fall. Cooler temperatures, colorful foliage, apple harvests, and community festivals make this a special time of year. Orchards welcome visitors, pumpkin patches prepare for the season, and early fall colors begin appearing across the state.

Local communities celebrate with farmers markets, craft fairs, Oktoberfest events, and harvest festivals. Whether you enjoy visiting an apple orchard, taking a scenic drive, or sipping warm apple cider, September offers countless ways to enjoy the season.

The month also includes several important observances. Labor Day honors the contributions of American workers and marks the unofficial end of summer. Beginning September 15, Hispanic Heritage Month celebrates the histories, cultures, and contributions of Hispanic and Latino Americans through October 15.

Patriot Day on September 11 honors those who lost their lives and the heroes who responded during the events of September 11, 2001. Constitution Day and Citizenship Day on September 17 commemorate the signing of the

U.S. Constitution and recognize the rights and responsibilities of citizenship.

September is also National Suicide Prevention Month, reminding us to prioritize mental and emotional well-being, support one another, and encourage open conversations about mental health.

As autumn officially begins, September invites us to slow down and enjoy the season's simple pleasures. From local festivals and community gatherings to Wisconsin's natural beauty, it is a wonderful time to connect, reflect, and celebrate. Wishing everyone a happy, healthy, and colorful September!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

September by the Numbers

3. Minimum servings of whole grains recommended daily. September is Whole Grains Month.
70 million. Approximate number of grandparents in the U.S. Celebrate Grandparents Day on the first Sunday after Labor Day.
39. Number of Founding Fathers who signed the U.S. Constitution on Sept. 17, 1787.

Brainteaser

Q. Where do you find roads without vehicles, forests without trees, and cities without houses?
A. On a map.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winner is Margaret B.!

